



Mackenzie Seniors' Navigator



APRIL 2025



Upcoming Events

Legion - Seniors Crib Tournament every Wednesday at 1:00 p.m.

Legion -Darts Wednesday at 7:30.

Legion - Wednesday Wing night from 5:00 - 8:00.

Legion - Thursdays Bingo 6:00pm
Doors open. starts at 6:45.

Men's Shed Meeting at Kelly's Bakery Wednesdays at 10:00am weekly.

Wednesdays 5:30pm-6:30pm
Zumba Classes with Emmy at the Mackenzie Recreation Center \$10.00 per class or \$45.00 for 5 Classes (cash only)

Seniors Lunches Every Thursday at 10:00am at the event space 600 Mackenzie Blvd.

April 7th- March's Book Club book is: The Ministry of Time by Kaliane Bradley, This book will be discussed at 5:00 pm at the Library.

April 13th - Pancake Breakfast at the Legion hosted by the Mackenzie Rainbows Swim Club at 8:00am to 12:00pm.

April 25th- Poetry Slam 15+ event at the Library starting ay 4:00pm.

April 28th- Alzheimer support group at Mackenzie Community Services. at 12:00pm- 1:00pm.

Did You Know?



Mackenzie Community Services collaborates with the Alzheimer's Society of British Columbia to provide staff with top-notch education and support services. This partnership allows us to offer the Mackenzie community and surrounding areas a space to connect, learn, and receive support for Alzheimer's care.

Join us on Monday, April 28th, at 12:00 PM at Mackenzie Community Services.

NORTHERN REGIONAL ENERGY DIALOGUES RESEARCH PROJECT

MACKENZIE COMMUNITY ENERGY OPEN HOUSE

Are you interested in helping your community explore its energy future? Join us and share your ideas, identify priorities and challenges, and help shape the future of energy in Mackenzie. Everyone is invited to attend, we hope to see you there!

FOOD AND REFRESHMENTS WILL BE PROVIDED

TUESDAY APRIL 15, 2025
5:30 - 7:30PM
CALLAHAN ROOM
MACKENZIE RECREATION CENTRE
400 SKEENA DRIVE, MACKENZIE, BC

For more information, contact Sarah Korn, Community Coordinator at sarah.korn@alumni.unbc.ca

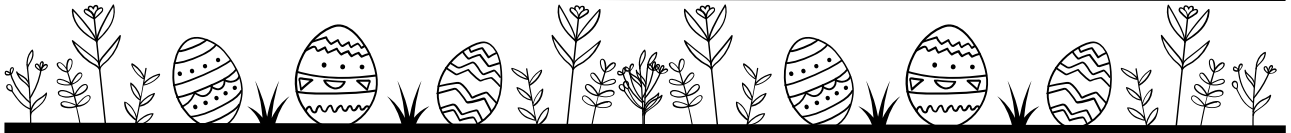
20 APRIL

Happy Easter from MCS

Crabby Road 4-2-12

Never put all your eggs in one basket... unless they're chocolate eggs, and it's my basket.

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Spotlight on Seniors Provider

Liz Blackburn

Liz is a retired member of Mackenzie that focuses her energy on community, mostly advocating for seniors. Liz is the chair of the Mackenzie Access and Inclusion Committee, a member of the PCN Rural Health Table, the secretary of the Williston Lake Elders Society (WLES) and a member of the WLES subcommittee that works with Northern Health and a member of the Mackenzie Coalition Group. In addition, during her time at CNC and following her retirement she has devoted a lot of time writing proposals for Mackenzie Autumn Lodge Society and supporting and helping to organize activities. Many of her community commitments share common subjects therefore she has a broad perspective on how to work together for a common goal.

Mackenzie is a vibrant community with great opportunities with a great lifestyle and activities for all but with the growing number of seniors in our community we need to address their needs and desires to make this community accessible and inclusive for all.

Liz has been in Mackenzie for 48 years and has always advocated for this community, for growth and prosperity. Liz understands what it is to own a business (Pop Shoppe, Pops Pets and Grooming to name just two ...) she understands the ups and downs. She has lived through the good times and the not so good times but has faith that our community will rise again through diversity of business and industry.

A fun fact about Liz is that she likes to plan events she likes to craft and decorate! Loves sunflowers!

**Mackenzie Dart Tournament
April 11-13th 2025**

Location: Royal Canadian Legion Branch 273-357 Skeena Drive Mackenzie BC

Friday April 11th: Blind Mixed Doubles- 7:30start time (registration cut off 7:00pm sharp)

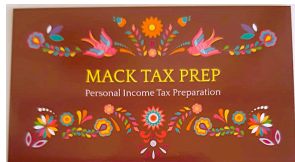
Saturday April 12th: Men's doubles/ Ladies singles 10:00am start time (registration cut off 9:45am sharp)

Saturday April 12th: Men's singles/ Ladies Doubles 2:00pm start (registration cut off 1:45pm sharp)

Sunday April 13th: Mixed person teams 11:00am start time (registration cut off 10:45am sharp)



100% Payout - \$1,500.00 added to the pot
Contact: Cindy 250-981-1097
or Lorraine 250-617-5018



“ Tax season is here!
Contact Mack Tax Prep today!
Look for the CVITP FREE clinics,
Wendy will be filing for those who fit
in the income cap ”

Volunteers Needed
Do you want to help local seniors stay connected to their community and remain independent? you can make a difference by giving a helping hand. Volunteer with Better at Home today!

Mackenzie Community Services
250-997-6595
office@mackenziecounselling.ca

Mackenzie Autumn Lodge Society will once again be hosting a Free Tax Clinic in collaboration with the Canadian Revenue Agency

Free tax clinics
File your taxes to get your benefits and credits
If you have a modest income and a simple tax situation, walk-in clients may be able to do your taxes!

THE COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)
assists low-income people with filing their tax return!

The following table outlines the maximum yearly income for the program:

| | |
|----------|----------|
| 1 person | \$35,000 |
| 2 people | \$45,000 |
| 3 people | \$55,000 |
| 4 people | \$65,000 |
| 5 people | \$75,000 |

Dates & Locations:

| | | | |
|-------------|---|-------------------------|------------|
| Tuesdays: | March 18 th & 25 th | Service BC | 10am - 4pm |
| Wednesdays: | March 12 th to April 30 th , 2025 | McLeod Lake Indian Band | 9am - 3pm |
| Thursdays: | March 6 th to April 30 th , 2025 | The Purple Bike | 10am - 2pm |

MISSING PERSON
INDIGENOUS WOMAN

ALICE CHINGEE

CALL RCMP WITH TIPS
(250) 997-3288
FILE # 2024-943

\$50,000 REWARD
FOR INFO LEADING TO HER WHEREABOUTS

Alice's last confirmed sighting was on the evening of Monday, July 15, 2024, in McLeod Lake. Alice was walking alone on the main reserve road, Sekani Drive. You may have very valuable information even if you believe it is small and not significant. Your info could be the piece that leads Alice home. Her cousins, her children and grandchildren, deserve peace in their hearts and minds You can send an anonymous message, leave an anonymous tip with Crimestoppers at 1-800-222-8477 Or Call the RCMP at 250-997-3288 file #2024-943

Submit upcoming events to
Tianna at MCS
250-997-6595 or
Tklein@mymcs.ca