

Northern Health Healthy Communities E-Brief

November 2023

This monthly publication is prepared by the [Northern Health Healthy Settings](#) team to provide information and resources for local governments and community organizations to promote and support community health across Northern BC.

Share your opinion

BC Community Health Data

BC Centre for Disease Control is evaluating the [Community Health website](#) and is looking for input from community organizations and local government. To express your interest, email pphobservatory@northernhealth.ca by November 8, 2023.

Rise Up! Strengthening Food Systems and Environmental Stewart project

The Public Health Association of BC is accepting expressions of interest from local food security organizations for the Rise Up! Strengthening Food System and Environmental Stewardship project. To host youth volunteers (ages 15 to 30), complete [this online form](#).

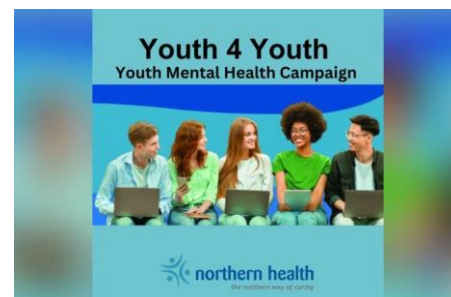
Resources (toolkits, reports, websites)

Digital storytelling

Develop your own digital storytelling to educate the public and evaluate change. The Tamarack Institute has developed this digital storytelling [tool](#) for community organizations.

Youth 4 Youth: Youth Mental Health Campaign

Learn more about Northern Health's new Youth 4 Youth (Y4Y) [campaign](#), that brings awareness to mental health and mental wellness in youth (ages 15 to 24). Youth can follow NH (@northernhealth.health.ca) on TikTok and comment on the Y4Y videos for a chance to win a pair of Apple AirPods. This campaign was created in collaboration with a group of Northern volunteer youth advisors.



Events and learning opportunities

Falls prevention webinar series

Dates: November 7, 16, and 28, 2023

November is [Fall Prevention Month](#). Register for a series of [webinars](#) to learn more about falls prevention and the three calls to action: move your body; improve your health; and remove hazards. For more resources, visit Northern Health's [physical activity webpage](#) and [seniors' falls prevention webpage](#).

Equity in action: how leaders can champion inclusive policymaking

Date: November 8, 2023

Join BC Healthy Communities for a [webinar](#) designed for local government officials and staff on the implementation of an equity lens across all policies, programs, and planning processes. You will learn actionable steps and relevant resources that help connect the dots across all public policy at various stages of application.

Appetite to Play online workshops

Dates: various dates in November 2023 to June 2024

Are you an early childhood educator and want to learn more about physical activity, outdoor risky play, and healthy eating for children 0-5 years old? Register for the Appetite to Play [Food and Physical Activity Online Workshop](#) and the [Outside and Risky Play Online Workshop](#).

Funding opportunities

Northern Indigenous Wellness Funding Awards (Indigenous Health & First Nations Health Authority)

Deadline: November 13, 2023

Does your First Nations community or organization have a project idea that supports Indigenous health and well-being? Apply for a [Northern Indigenous Wellness Funding Award](#) for up to \$8,000.

Indigenous Health Métis Community Wellness Award (Indigenous Health)

Deadline: November 13, 2023

Does your Métis community or organization have a project idea that supports Métis health and well-being? Apply for an [Indigenous Health Métis Community Wellness Awards](#) for up to \$5,000.

Farm to School Grants (Farm to School BC)

Deadline: November 15, 2023

Are you interested in creating or expanding a school food program? The [Farm to School BC Grants](#) are now open and are valued at \$3,000 or \$1,000. These grants support more schools and communities in coming together around exploring, growing, harvesting, cooking, eating, and celebrating foods.

New Horizons for Seniors Program (Government of Canada)

Deadline: November 15, 2023

Does your organization have the capacity to act as a backbone organization and lead a collective impact initiative for four to five years? Apply for \$5 million from the [New Horizons Seniors Program](#) for a project that increase social inclusion of vulnerable populations of seniors.

Community Housing Fund (BC Housing)

Deadline: November 17, 2023

Are you planning to develop low- and moderate-income rental housing units in your community? Non-profit and Indigenous housing societies, First Nations, housing co-operatives, and municipalities are invited to apply for an [affordable housing project](#).

Climate Resilient Communities: Food Infrastructure Grant (United Way)

Deadline: November 20, 2023

Learn more about the [Climate Resilient Communities: Food Infrastructure Grant](#) and apply for \$20,000 for projects that develop sustainable and climate-adaptive food systems.

Critical Food Infrastructure Grant (United Way)

Deadline: November 20, 2023

Learn more about the [Critical Food Infrastructure Grant](#) and apply for up to \$100,000 for projects that improve access to nourishing and culturally appropriate foods.

Substance Use and Addictions Program (Government of Canada)

Deadline: November 22, 2023

Learn more about [Health Canada's Substance Use and Addictions Program](#) and submit a [call for proposal](#) for community-led projects designed to: support and enhance the role of people with lived and living experience; broaden services and programs that target post treatment aftercare and transition; address alcohol use disorder; and address commercial tobacco cessation.

Indigenous Food Security and Sovereignty Grant (New Relationship Trust)

Deadline: December 1, 2023

Apply for a [Indigenous Food Security & Sovereignty Grant](#) to develop, expand, or strengthen Indigenous food systems. First Nations communities, Indigenous organizations, businesses, and entrepreneurs in BC are encouraged to apply.

Rural, Remote, and Indigenous Food Action Grants (Northern Health & First Nations Health Authority)

Deadline: December 1, 2023

Are you planning a project that focuses on community food action with the goal of improving food security? Apply for the [Rural, Remote, and Indigenous \(RRI\) Food Action Grant](#) for up to \$50,000.

Community Tree Grants (Tree Canada)

Deadline: December 3, 2023

Enhance your community's green infrastructure and apply for the [Community Tree Grants program](#) for up to \$10,000.

Climate Action Events Program (Pacific Institute for Climate Solutions)

Deadline: December 4, 2023

Are you looking to host a climate action event? Apply for [Climate Action Events Program](#) for up to \$5,000. Indigenous organizations and non-governmental organizations actively working on climate change are encouraged to apply.

Food Security Emergency Planning and Preparedness Fund (Investment Agriculture Foundation)

Deadline: December 19, 2023

Apply for the [Food Security Emergency Planning and Preparedness Fund](#) for up to \$150,000 for emergency planning projects and up to \$2 million for emergency preparedness, infrastructure, and equipment projects.

First Nations Well-Being Fund (First Nations Public Service Secretariat)

Deadline: December 31, 2024

Apply to the [First Nations Well-Being Fund](#) to support community led-solutions for BC First Nations to develop and evaluate a well-being plan.

Vision Zero Road Safety Grants (BC Injury Research and Prevention Unit & Northern Health)

Deadline: January 15, 2024

Apply to the [British Columbia Vision Zero in Road Safety Grant Program](#) to make roads safer for people who travel without a motor vehicle. Get inspired by previously funded projects by exploring the [Vision Zero BC webpage](#). You may apply to one of two program streams: Stream #1 is for the design and installation of low-cost road infrastructure that improves the safety of vulnerable road users (people who walk, cycle, or roll), and Stream #2 is for Indigenous communities and governments to set and direct their own road safety priorities.

Active Communities Grant (BC Alliance for Healthy Living)

Deadline: February 5, 2024

Apply for an [Active Community Grant](#) for up to \$50,000 to increase access to physical activity in your community. Indigenous communities and local governments are encouraged to take advantage of collaborative partnerships to strengthen their project/program and application.

Community Gaming Grants (Government of BC)

Deadline: Application deadlines vary

Did you know that the [Community Gaming Grants](#) provides \$140 million annually to not-for-profit organizations throughout BC to support their delivery of ongoing program and services? Apply for up to \$125,000 to help meet the needs of your community.

Climate Fund Finder (Clean BC)

Deadline: Ongoing

Planning a climate action project? Need financial support? Not sure where to start? The [Funding Finder](#) is the tool for you. By answering a few questions, you'll be on your way to learning which programs fit your program best.

Northern Healthy Communities Fund (Northern Development Initiative Trust)

Deadline: Ongoing

Is your community nearby an LNG Canada or Coastal GasLink project? Apply for the [Northern Healthy Communities Fund](#) (NHCF) to help your community adjust to the economic growth expected to occur as a result of major economic development projects.

Rural Transit Solutions Fund (Government of Canada)

Deadline: Ongoing

Apply for the [Rural Transit Solutions Fund](#) to help your local government or organization plan and design new or expanded transit solutions for your community.

Northern Health Stories

Body image: What is it and what affects it?

The effect of social media trends on body image is a hot topic right now. As a nutrition and dietetics student who spends more time on social media than I like to admit, it's a topic I think about almost daily. But what do the terms "body image" or "self-esteem" even mean? ...[continue reading](#).

See the latest stories at stories.northernhealth.ca.

E-Brief information

The Healthy Northern Communities [E-Brief](#) is produced by [Northern Health's regional Population and Preventive Public Health program](#).

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