

Northern Health Healthy Communities E-Brief

July 2023

Community Health Service Area (CHSA) Health Profiles (Version 2.0)

Understanding community-level data helps make better decisions, especially when it comes to building healthy communities. We encourage you to check out the updated and newly released [Community Health Service Profiles](#) and [Database Search tool](#) from the BC Centre for Disease Control (BCCDC), to help support decision-making in your community.

The purpose of these new resources is to help government partners, community organizations, public health professionals, and health care partners better understand the health needs of their communities. Data, including 108 health indicators, exists for 29 community health service area health profiles in the Northern Health region and helps us to understand areas where we are doing well and where we need to improve.



What information is new?

- Population projections
- Community belonging and loneliness
- General health status
- Health behaviours (physical activity, smoking/vaping, binge drinking)
- Mental health status
- Health of mothers and newborns, and much more...

People in BC generally live long and healthy lives, but not everyone has the same opportunity for good health. We can all work together to help improve the wide range of health, socio-economic, and environment factors that interact to keep everyone healthy and well.

For more information about these resources, contact the Northern Health Population and Public Health Observatory team at PPHObservatory@northernhealth.ca. Learn more about the [Healthy Settings team](#) and connect with your local Healthy Settings Advisor about building healthy public policy in your community.

For Your Information

National Injury Prevention Day

Date: July 5, 2023

Did you know that injury is the #1 cause of death of Canadians ages 1 to 44? Or that injury costs the Canadian economy \$29.4 billion a year? On July 5, 2023, join in the celebration as landmarks across Canada light up in Parachute green to support National Injury Prevention Day. To learn more, visit the [Parachute webpage](#).



Share Your Opinion

BC SPEAK (Survey on Population Experiences, Action, and Knowledge)

Public Health launched the third round of the province-wide BC SPEAK Survey and wants to hear from BC residents about their physical and mental health, as well as their social and economic well-being. By sharing and participating in the survey, you will provide valuable information about how to improve the health of your community. Northern BC residents who take the survey can win one of 3 iPads, or one of 150 grocery gift cards. Please help us spread the word: bccdc.ca/SpeakSurvey



Resources (toolkits, reports, websites)

Cooking in Two Worlds — A Process Guide for Incorporating Indigenous Foods into Public Institutions

This [process guide](#) reflects the many Indigenous food values expressed by Elders and Knowledge Holders from across BC and examples of what has been successful in public institutions in the past. It acknowledges the need for institutions to deepen their understanding of cultural safety and humility as groundwork for building relationships with communities to do this work in a good way, and provides guidance on sourcing, preparing, and serving Indigenous foods.

Canada's Guidance on Alcohol and Health Communications Toolkit

Canada's Guidance on Alcohol and Health provides people living in Canada with the information they need to make well-informed and responsible decisions about their alcohol consumption. The [Canada's Guidance and Health Communications Toolkit](#) contains resources that are available to your organization at no cost. The Canadian Centre on Substance Use and Addiction invites you to use the resources to help promote Canada's Guidance on Alcohol and Health and amplify the key messages.

Let's Talk: Language of health equity

Language matters: it can make people feel included or excluded, valued or dismissed, welcome or unsafe. The words we choose have the power to shape the questions we ask, whose needs we prioritize, the strategies we identify and how we interpret information and data. To learn more, review the [Let's Talk: Language of Health Equity](#) resource.

Municipal Role in Transportation Report

This 4-paper [report](#) focuses on the role of municipalities in transportation. Included in this report are articles about transportation and climate change (pages 6-10), municipal role in transportation (pages 11-15), municipalities and moving freight and goods (pages 16-19), and municipalities and active transportation (pages 20-23).

Plan for infant feeding during emergencies

Do your emergency plans consider the unique feeding needs of families with infants and young children? Whether they are breastfeeding or using infant formula, families need extra support. To support your efforts around emergency preparedness, review [Protecting breastfeeding: Emergency services have a role to play](#) (Safely Fed Canada and Mouvement Allaitment du Quebec), as well as [Facts about infant feeding during emergencies](#) (Center for Disease Control and Prevention).

Planning for Sustainable and Affordable Housing During the Climate Crisis: webinar recording

Safe, adequate, and affordable housing is not only essential to tackling the climate emergency, but a crucial requirement to ensuring a brighter future for people in Canada and abroad. The Tamarack Institute [webinar recording](#) addresses the importance of planning for safe, adequate, and affordable housing. It also discusses inflation, affordability, and related challenges as they connect to climate adaptation.

Events & Learning Opportunities

Webinar: Unpaid family/friend caregiving: Strategies for Mobilizing an Equitable Health Promotion Approach

Date: July 6, 2023

In 2022, approximately one in five Canadians provided unpaid care to an adult with a long-term condition or disability. While caregiving can be a rewarding experience, it can also have costs for unpaid caregivers (e.g., negative impacts on physical and mental health, financial costs, social costs). This [webinar](#) focuses on strategies for mobilizing to support the well-being of unpaid family and friend caregivers.

Funding Opportunities

Provincial Infrastructure Grant Planning Program

Deadline: July 12, 2023

Municipalities and regional districts can apply for grants that support project related to the development of sustainable community infrastructure through the [Infrastructure Planning Grant Program](#). Grants of up to \$10,000 are available to help local governments develop or improve long-term comprehensive plans.

Disaster Mitigation and Adaptation Fund

Deadline: July 19, 2023

The [Disaster Mitigation and Adaptation Fund](#) is a national program designed to support construction of public infrastructure and/or modification or reinforcement of existing public infrastructure that prevent, mitigate or protect against the impacts of climate change, disasters triggered by natural hazards, and extreme weather.

Age-friendly Communities Program grants

Deadline: July 28, 2023

Age-friendly communities support older adults to age-in-place, and live active, socially engaged, and independent lives. BC Healthy Communities Society (BCHC) invites local and Indigenous government to apply for the [Age-friendly Communities Program grants: Planning \(Stream 1\) up to \\$25,000, and Projects \(Stream 2\) up to \\$15,000](#). Visit [Age-friendly BC - Province of British Columbia \(gov.bc.ca\)](#) for additional information, a toolkit and other age-friendly resources.

Main Street Revitalization Planning Program

Deadline: August 11, 2023

The Northern Development Initiative and Trust [Main Street Revitalization Planning Program](#) provides local governments with funding to complete downtown revitalization planning and result in a community-wide vision for the downtown, and an action plan that identifies ways to achieve the vision. Up to \$20,000 up to a maximum of 50% of the eligible project budget available.

Climate Change Adaptation Program

Deadline: September 22, 2023

The Natural Resource Canada's Climate Change Adaptation Program is soliciting proposals for cost-shared projects that will make important contributions to advancing adaptation progress in Canada. Up to \$15 million in funding may be awarded through this [Call for Proposals](#).

Emergency Preparedness and Response Funds - Older Adults

Deadline: Ongoing

United Way has released [Emergency Preparedness and Response funds](#) to help communities better support older adults and Elders during times of extreme weather events. This grant is intended to support organizations, local governments, and First Nations communities in their efforts to plan for and respond to extreme weather emergencies through practical, innovative, and/or low-barrier solutions.

Community Gaming Grants

Deadline: Application deadlines vary

[Community Gaming Grants](#) provide \$140 million annually to not-for-profit organizations throughout BC., to support their delivery of ongoing programs and services that meet the needs of their communities. Local organizations can apply for up to \$125,000, and Regional/Provincial organizations can apply for up to \$250,000.

Welcome Home Kits

Deadline: Ongoing

[New Welcome Home Kits](#) provide household items and essential supplies to individuals and families throughout the province as they transition into more stable housing. The approximate value of each kit is \$450. Organizations interested in participating in the Welcome Home Kits program can email info@sparc.bc.ca or call (604) 718-7736.

Provincial Homelessness Grants

Deadline: Ongoing

The Social Planning and Research Council of BC (SPARC BC) [Homelessness Community Action Grant](#) provides one-time funding for local planning and collaborative initiatives designed to better respond to the needs of those who are homeless or at risk of becoming homeless. Funding supports community-based action including demonstration projects, partnerships, research, and other collaborative efforts.

Climate Fund Finder

Deadline: Ongoing

Planning a climate action project? Need financial support? Not sure where to start? The [Funding Finder](#) is the tool for you. By answering a few questions, you'll be on your way to learning which programs fit your program best. If you're still looking for project ideas, the Funding Finder can show you a range of possibilities to help spark your imagination.

Northern Health Stories

First-of-its kind daycare comes to the Northeast

Northern Health and the YMCA BC have partnered to announce the opening of a new pilot project daycare in Fort St. John...[continue reading](#).

See the latest stories at stories.northernhealth.ca

E-Brief Information

The Healthier Northern Communities [E-Brief](#) is produced by [Northern Health's regional Population and Preventive Public Health program](#).

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